





No. 241 February - March 2017



Photo: Simon Martland Winners of EPOC's first Uniformed Groups Orienteering Championships, 6th Holme Valley (Honley) Scouts orienteering team receiving their trophy from Scout leader Sandra Whiteley

EAST PENNINE ORIENTEERING CLUB

Serving Calderdale, Kirklees and Wakefield

OFFICERS AND COMMITTEE 2016/2017

Chair	Jean Lochhead	jean@lochheadj.fsnet.co.uk			
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	Paulette Noot	paulette@noots.net			
	Pat Thorpe	nirvanalee@hotmail.co.uk			
	Mike Thorpe	nirvanalee@hotmail.co.uk			

OTHER CLUB OFFICIALS

Club Coach	Viv Barraclough	viv.barraclough@cantab.net
Club Championship	Vacant	
Club Kit Officer	Vacant	
Hoodies/Sweatshirts	Emma Harrison	eah1607@aol.com
Permanent Courses	Jean Lochhead	jean@lochheadj.fsnet.co.uk
Relay Organiser	Alistair Tinto	alistair.tinto@yahoo.co.uk
Stores and Equipment	Scarf Family	thescarfs@hotmail.com
E-Punching Equipment	Ian & Julie Couch	iancouch@btinternet.com
Website	Anthony Greenwood	aandrgreenwood@gmail.com
YHOA committee rep	David Morgan	d345morgan@btinternet.com

EPOC WEBSITE www.eastpennineoc.org.uk

EDITORIAL

As you will all be aware there have been some substantial changes in the club since the last Epistle. Jean Lochhead is now Chairman (yes, after a lot of thought and research of other organisations Jean has opted to use the term Chairman), Emma is Vice Chair (a new role that was suggested to ensure that we have a back-up) and other members have been involved with a lot of behind the scenes work (more in the Chairman's Chat).

Don't forget to give your details to Rod Shaw for the Compass Sport Qualifying round on 12th March.

Emma Harrison

CHAIRMAN'S CHAT

Since my investiture an awful lot has been going on. Anthony has 3 new toys (laptops) and along with Graham Booth and Mike Pownall, (who thinks he is no longer a member but we are hanging on to him), has been setting up the programmes for event results on the new laptops. This will

come as a relief for a Results/Download team who have had to do the best they could on old, slow and ailing equipment. Computers that is, not most of the members.

Ian Couch has selected Control boxes for new batteries and 29 of them have been sent for either repair or new batteries so that we do not have collapsing control boxes during our events.

Club Coach Viv, Emma and other Club members have plans for small events "Activities" using line Street "O" maps and also using our mapped parks. This will give members who have not been involved in organising before a chance to have a try at setting up a CATI – these events won't be elaborate and will be easy to put on with only an hour or two of your time required. Some of these will be aimed at younger clientele who hopefully will come along with their parents.

Golcar has been decided on for the Yorkshire Sprint Championship on Sunday 14th May 2017 with Rod Shaw planning. Dewsbury Urban map is ready for Sunday the 11th June 2017, anybody like to try his or her hand at planning?

Event Organisers, Planners and Controllers need to have attended an Event Safety Workshop course and we are arranging a suitable time for those who still need to do this training. It takes about 3 hours and the certificate lasts forever! at the moment.

Dave Morgan is co-ordinating the map library where we have the original maps made and used in the early days of EPOC to compare with the clubs updated maps.

Viv Barraclough and myself are booked on a 2 day Outdoor 1st Aid Course so we can deal with all eventualities. (I hope it is not as gory as the one I went on many years ago at Plas y Brenin). First Aid qualifications need to be updated every three years and we intend to send event helpers on a cyclical basis to fulfil BO obligations.

The upgrade of equipment and training does not come cheaply. A lot of money has been spent since the 15 January and a small group of people have done an incredible amount of work during this short time.

In order to cover the costs of the above and keep our equipment in serviceable condition it will be necessary to recover some of our outlay by putting on more open events but with the support and enthusiasm that I have experienced over the last 3 weeks we should comfortably cope.

Thank you.

Jean Lochhead

The EPOC Epistle is the club's bi-monthly newsletter

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to

me at <u>Eah1607@aol.com</u> Copy to Emma by 20 March 2017 Look forward to hearing from you!

Helping at an EPOC event?

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!

Want to see how you rank on an unofficial BOF ranking list?

And you can also compare yourself with any other runner who regularly runs the same course. Go to <u>http://oobrien.com/stats/index</u> and enter your name and club. Very impressive! *Guy*

Membership

Welcome to new member Roy Lindsell

What has your committee been doing?



East Pennine Orienteering Club Summary of Committee Meeting Wednesday 18 January 2017 Marsh Liberal Club



1. Apologies; Rod. New officers; Jean, Chairperson and Emma, Vice Chairperson. Also present; David, Alistair, Davey, Paulette, Mike, Pat, Ian C (for first part), Viv

2. Minutes of last meeting approved

3. Treasurer's Report had been circulated, now approved. Newmillardam map about to go on internet. Hardcastle to be checked by several volunteers. Viv to contact QEGS re Deffer

4. Coaching Conference report- all the notes will be available on British Orienteering website: Coaching, click on Coach Support and scroll down to 'Coaching Conference Presentations and Activities'. for anyone wanting more depth

a) Systematic approach- Viv would like to do a session on this, perhaps at Oakwell event

b) Talent testing and learning to train and fitness training- more emphasis now on physical training for children

c) Sessions in remote and exposed areas- club training on executing a search plan WAOC to provide session plan, first aid- Viv and anyone else interested to attend course, renewals needed April 2017 for those who attended the group course

d) TempO and PreO- Viv will introduce these to anyone coming along to Cliffe House on Weds 12th April- late afternoon event open to all

e) Coach workshops- meet and greet training will be available to club members

5. ICT- report received from Ian. Decided to go ahead with repair/renovation of SI boxes as we need them to be reliable

 Fixtures- planners, controllers, organisers needed for several events. Viv suggested calendar of regular simple events/activities. Jean looking for volunteers for this Sun 14/05/17 YHOA Sprint Championships Level C - Golcar Sun 11/06/17 YHOA Urban League Level C - Dewsbury Sun 12/11/17 YHOA Superleague Level B - Rishworth Moor Ripponden Sat/Sun 23-24/12/17 - Ogden

7. Mapping. Anthony and team making great progress with map library

8. Epistle- articles sought

9. Website- to include more photos

10. Club development. Mainly; outreach, following up potential and occasional participants, email event reminder, links with other clubs and organisations, promotion and publicity, Clubmark, welfare officer - Davey?

11. AOB Davey mapping Illingworth . Davey told us about his Pennine Way run challenge for the charity "Climbing Out" https://www.justgiving.com/dm-averill . Need for more controllers in club highlighted. Question raised whether those organising club activities need to attend event safety workshop.

12. Date of next meeting Weds 8th March 7pm

COMPASS SPORT TROPHY 2017

Rod Shaw

As co-ordinator I've received details of qualifying round for the Compass Sport Trophy.

Sunday 12th March Cringle Moor (CLOK)

The entry cost will be £10 seniors, £4 juniors.

No money needed at this stage but I will need to send the entries in, the closing date is 26th February but it would help if you could send me your details asap if you wish to represent the club.

Details needed: name, age class, SI number (or hiring), B.O. number and start time VE/E/M/L/VL.

Send entries to me at margrod123@gmail.com

Junior T-Shirts

Viv Barraclough

If you would like a t shirt as below please let Viv know. If you have grown out of yours please pass it on.



ORIENTEERING FOUNDATION

Duncan Archer

The Orienteering Foundation is a charity, independent of British Orienteering, and seeks to promote innovation and to support people and projects in orienteering through fund-raising activities. We are keen to increase awareness of the Orienteering Foundation, both with potential donors, and with those who might seek to submit grant applications, and getting more links to our website is one way to do that. Of course if you were able to further help spread the word and otherwise help our cause, then so much the better, e.g.:

- passing this on to your newsletter editor to mention us
- mentioning us to your committee in case they have any projects that could benefit from our funding
- considering whether you personally might donate ©

http://www.orienteeringfoundation.org.uk/

EPOC Rankings 2017

These are the current ranking positions (as of 29.1.17) of EPOC members aged second year M/W16 and over (ranking points are not awarded to first year M/W16 and younger).

Pos.	Name	M/F	Points	Contributing scores
1 (67 +1)	Alasdair Pedley	М	7957	1320, 1318, 1362, 1312, 1332, 1313
2 (74)	James Logue	Μ	7937	1320, 1315, 1320, 1334, 1324, 1324
3 (164 +4)	Simon Martland	М	7702	1277, 1275, 1273, 1325, 1265, 1287

Pos.	Name	M/F	Points	Contributing scores
4 (173)	Andy Thorpe	Μ	7687	1279, 1278, 1280, 1289, 1277, 1284
5 (216)	Jonathan Emberton	Μ	7621	1261, 1273, 1271, 1255, 1255, 1306
6 (275 +5)	Mike Pedley	Μ	7513	1246, 1243, 1248, 1275, 1250, 1251
7 (533)	Richard Payne	Μ	7210	1219, 1190, 1176, 1249, 1183, 1193
8 (629 +2)	Emma Harrison	F	7123	1194, 1174, 1193, 1188, 1182, 1192
9 (678 -1)	David Averill	Μ	7088	1183, 1166, 1182, 1178, 1187, 1192
10 (784 <mark>-3</mark>)	Graham Lloyd	Μ	7008	1162, 1166, 1154, 1158, 1182, 1186
11 (810 <mark>-4</mark>)	William Barraclough	Μ	6991	1144, 1148, 1123, 1200, 1167, 1209
12 (1047 <mark>-10</mark>)	Richard Spendlove	Μ	6803	1131, 1105, 1141, 1133, 1168, 1125
13 (1214 <mark>-6</mark>)	Alistair Tinto	Μ	6671	1085, 1112, 1121, 1103, 1112, 1138
14 (1245 <mark>-4</mark>)	Julie Couch	F	6647	1117, 1102, 1108, 1138, 1089, 1093
15 (1253 <mark>-6</mark>)	Viv Barraclough	F	6644	1124, 1074, 1120, 1106, 1014, 1206
16 (1310 <mark>-3</mark>)	Megan Harrison	F	6600	1097, 1094, 1120, 1109, 1101, 1079
17 (1331 <mark>-4</mark>)	Matthew Tinker	Μ	6585	1089, 1096, 1126, 1073, 1112, 1089
18 (1453 <mark>-5</mark>)	lan Couch	Μ	6477	1067, 1064, 1077, 1109, 1074, 1086
19 (1543 <mark>-3</mark>)	Roy Lindsell	Μ	6415	1105, 1067, 1049, 1074, 1074, 1046
20 (1703 +52)	Paul Jackson	Μ	6291	1032, 1034, 1069, 1054, 1028, 1074
21 (1749 <mark>-173</mark>)	Helen Pedley	F	6259	1042, 980, 1051, 1100, 1103, 983
22 (1910 <mark>-11</mark>)	David Harrison	Μ	6126	1020, 1015, 1031, 1019, 1021, 1020
23 (2054 <mark>-5</mark>)	Keith Sykes	Μ	5979	1023, 993, 973, 1004, 992, 994
24 (2076 -7)	Helen Martland	F	5967	952, 960, 1044, 984, 1039, 988
25 (2085 <mark>-4</mark>)	Jean Lochhead	F	5959	987, 984, 966, 979, 985, 1058
26 (2224 -14)	Neil Croasdell	Μ	5813	979, 947, 996, 937, 987, 967
27 (2237 <mark>-16</mark>)	Guy Goodair	Μ	5804	955, 953, 995, 989, 945, 967
28 (2273 <mark>-15</mark>)	Gill Ross	F	5771	933, 993, 915, 1032, 963, 935
29 (2295 -14)	Brian Mellor	Μ	5745	1034, 1141, 957, 794, 913, 906
30 (2525 <mark>-2</mark>)	Rod Shaw	Μ	5444	859, 930, 999, 892, 894, 870
31 (2587 +3)	Mike Thorpe	М	5356	963, 879, 866, 871, 852, 925

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Pos.	Name	M/F	Points	Contributing scores
32 (2669)	Esther Logue	F	5240	1068, 1029, 1104, 985, 1054
33 (2698 <mark>-2</mark>)	Jane Payne	F	5172	850, 850, 864, 881, 851, 876
34 (2705 <mark>-3</mark>)	Rebecca Lloyd	F	5156	943, 857, 852, 831, 811, 862
35 (2726 +5)	Fred Ross	Μ	5125	827, 848, 907, 886, 831, 826
36 (2766 <mark>-6</mark>)	Jackie Page	F	5066	810, 884, 860, 838, 834, 840
37 (2776 <mark>-7</mark>)	Judith Goodair	F	5047	839, 906, 818, 839, 821, 824
38 (2811 <mark>-6</mark>)	Philip Thompson	Μ	4981	785, 817, 819, 851, 787, 922
39 (2813 <mark>-73</mark>)	Joanna Emberton	F	4979	940, 812, 798, 806, 849, 774
40 (2896 <mark>-945</mark>)	Phil Scarf	Μ	4829	1157, 1241, 1222, 1209
41 (3025 <mark>-10</mark>)	Juliet Morgan	F	4576	759, 779, 797, 712, 708, 821
42 (3164 -29)	Margaret Shaw	F	4242	597, 680, 686, 874, 726, 679
43 (3173 <mark>-598</mark>)	Jackie Scarf	F	4221	1024, 1124, 1068, 1005
44 (3295 +1)	David Morgan	Μ	3902	621, 648, 606, 616, 662, 749
45 (3321 +3)	James Williams	Μ	3818	1288, 1248, 1282
46 (3404 +11)	Bob Steeper	Μ	3552	888, 861, 890, 913
47 (3443 +8)	Chris Poole	Μ	3447	1187, 1152, 1108
48 (3471 +12)	Michael Wood	Μ	3371	816, 644, 656, 709, 546
49 (3615 +5)	John Rawden	Μ	3045	1027, 1031, 987
50 (3784 <mark>-3</mark>)	John Elliott	Μ	2558	894, 818, 846
51 (4047 <mark>-19</mark>)	Bryan Parkinson	Μ	2112	1085, 1027
52 (4049 +601)	Laura Harrison	F	2105	1074, 1031
53 (4075 <mark>-21</mark>)	Linda Hayles	F	2057	387, 704, 966
54 (4278 <mark>-20</mark>)	Jane Hodgson	F	1723	820, 903
55 (4367 <mark>-15</mark>)	Sue Levinson	F	1520	564, 703, 253
56 (4457 -17)	Corinne Roberts	F	1297	728, 569
57 (4553 <mark>-16</mark>)	Adam Breaks	Μ	1163	1163
58 (4565 <mark>-14</mark>)	Karen Poole	F	1150	1150
59 (4865 <mark>-4</mark>)	Rod Sutcliffe	Μ	945	945

Pos.	Name	M/F	Points	Contributing scores
60 (5128 <mark>-3</mark>)	Graham Booth	М	721	721
61 (5317 <mark>-5</mark>)	Pat Aspinall	F	384	384
62 (5342 <mark>-6</mark>)	Paulette Noot	F	292	292

UK Orienteering League 2017

The first event in this league is the British Night Championships on 25th February.

Xplorer/Junior Development

Viv Barraclough, Coach, East Pennine Orienteering Club

Orienteering is to be included in West Yorkshire School Games Winter Festival at Beckett Park, Leeds on Saturday 25th March 2017. The competition is for KS2 pupils but there will be an open event held alongside it. Schools are encouraged to send competitors, there are no selection requirements.



Greenhead Park ORIENTEERING

COURSE



A permanent Orienteering Course has been developed in Greenhead Park to give you the chance to try a non-competitive or leisure form of Orienteering. Use your map reading skills to navigate around a course of markers "controls".

There are four courses in the park. A & B two short courses, which are wheel friendly. The third one 'C' is longer and the fourth 'D' takes in all the controls.

A grid for you to complete with the code no's is set out on the map.

Maps for this permanent orienteering course and guidance can be downloaded from the EPOC Website "permanent courses". www.eastpennineoc.org.uk



EPOC Schools League

Viv Barraclough

Name	School	Points	Events	Newmillerdam	Storthes Hall	Oakwell Hall	Dewsbury
Year 2 boys- White course							
Matthew Reid	Berry Brow						
Year 3 boys- White course							
Callum Watts	Meltham Moor Primary School						
Year 4 boys- White course							
Adam Metcalf	Highburton First School						
Gabriel Leece	Highburton First School	98	1	98			
Guy Bailey	Thurstonland First School		-				
Joseph Barraclough	Highburton First School	200	2	100	100		
Ollie Brougham	Highburton First School	200	-				
Thomas Brandon	Barkisland Primary School						
Year 6 boys- Yellow cours							
Luke Barraclough	Kirkburton Middle School	200	2	100	100		
Oliver Hirst	Old Earth Primary	200 98	1	100	98		
Year 7 boys- Yellow cours		90	1		90		
-	Kirkburton Middle School	199	2	99	100		
Seth Barraclough		199	2	99	100		
Year 8 boys- Orange cour Daniel Metcalf	se Kirkburton Middle School						
Dan Brennan	Kirkburton Middle School	000	0	400	400		
William Martland	Honley High School	200	2	100	100		
Will Brennan	Kirkburton Middle School						
James Marsden	Kirkburton Middle School						
Year 10 Boys- Light Green							
Edward Jackson	Shelley College	99	2	99			
Year 11 Boys- Light Green							
Tom Whitworth	Royds Hall High School						
Richard Carter	Heckmondwike Grammar	93	1		93		
Eddy Briggs	Heckmondwike Grammar	93	1		93		
Tom Byrne	St John Fisher, Dewsbury	93	1		93		
Year 2 girls- White course	9						
Kirsty McDougald	Lindley Infant School						
Daisy Jones	Lindley Infant School						
Annabel Bailey	Thurstonland First School						
Year 3 Girls- White course	e						
Ada Martin	Wilberlee J and I School						
Year 4 Girls- White course	e						
Mya Larder	Highburton First School						
Year 5 Girls- White course	e						
Lauren Watts	Meltham Moor Primary School						
Freya Larder	Highburton First School						
Ruby McLellan	Highburton First School						
	Shirley Manor Primary						
Megan Casey	Academy	99	1	99			
Year 6 Girls- Yellow cours							
Maisy Brougham	Kirkburton Middle School						
Year 7 Girls- Yellow Cours							
Mia Casey	North Halifax Grammar School						
Year 11 Girls- Light Greer							
Sarah Pedley	Calder High						
Laura Harrison	Kettlethorpe High	100	1		100		
Year 13 Girls							
Megan Harrison	Pontefract New Collige	100	1		100		
School	Points						
Ĵ	Points 399	I					

Honley High School	200
Heckmondwike Grammar Shirley Manor Primary	186
Academy	99
Shelley College	99
Old Earth Primary	98
St John Fisher	93

Catering by Viv Barraclough

Quality hot and cold food with emphasis on seasonal and local produce

Private Functions and Special Occasions Corporate Events and Business Lunches, Morning Coffee, Afternoon Tea, Dinner Parties and Ready Meals

Menus to suit your taste and budget

Tel: 01484 604527 or 07906 500541; Email: viv.barraclough@cantab.net

EVENT REPORTS AND RESULTS

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

AIRE Regional Event, Heaton & Northcliffe - 4 Dec 16

Blue 6.1km 250m		Light Green 3.1km 115m	1
13 Emma Harrison	58.30	4 Guy Goodair 41	.53
22 Megan Harrison	66.49	8 Jackie Page 47	.06
31 David Harrison	78.51	13 Judith Goodair 50	.13
33 Rod Shaw	86.43	14 Anna Thorpe 51	.36
Green 4.4km 175m		19 Pat Thorpe 13	0.33
2 Dick Spendlove	43.40	Orange 2.2km 50m	
19 Jean Lochhead	58.55	2 William Martland 25	.30
23 Paul Jackson	62.44		
26 Helen Martland	65.03		
27 Mike Thorpe	65.12		
28 Gill Ross	65.42		
31 Fred Ross	72.25		
36 Mick Wood	89.30		
37 Maggie Shaw	97.02		

PFO Level 3 Event, Hambledon - 4 Dec 16

36.00

Short Blue 3.9km 23	5m	Green 3.4km 205m	
4 Ian Couch	57.02	8 Julie Couch	61.30

HALO Yorkshire Night League, Primrose Warren - 10 Dec 16

Medium 4km 20m 1 Emma Harrison

HALO Regional Event, Twigmoor - 11 Dec 16

Short Green	(Length 3.30Km, Climb 50m)	Blue
11 Gill Ross	84.09	1 Emn
Mick Wood	mp	17 Da
Green (Lengt	h 4.40Km, Climb 60m)	
10 Roy Lindsel	ll 71.45	
18 Fred Ross	109.19	
Paul Jackson	mp	

Blue(Length 5.60Km, Climb 90m)L Emma Harrison61.04L7 David Harrison106.25

DVO EM League, Eyam - 11 Dec 16

Orange (length 2.7km	n, climb 60m)	Shor	rt Green
4 William Martland	40.35	13 H	elen Mar

Short Green (length 3.3km, climb 80m) 13 Helen Martland 52.13

EPOC YHOA Night League, Storthes Hall - 17 Dec 16

Long 5km 110m		Medium 3.9km 110m	
2 nd James Logue	34:31	6 th Paul Taylor	44:14
3 rd Alasdair Pedley	36:31	8 th Mike Pedley	47:11
16 th = William Barraclough	48:25	9 th Emma Harrison	50:30
Short 2.2km 80m		10 th Megan Harrison	53:23
1 st Jamie Lightfoot & Sam	Crawshaw 26:04	13 th Viv Barraclough	57:31
5 th Luke Barraclough	65:48	14 th Amanda Crawshaw	59:07
6 th Seth Barraclough	66:43	24 th Jane Hodgson	72:37
m10 Joseph Barraclough	66:38	25 th John Elliott	72:44

Uniformed Groups Competitors at Storthes Hall – 18 December 2016 Photo's: Viv Barraclough





EPOC YHOA Superleague, Storthes Hall - 18 Dec 16Brown 7.8km 220mShort Gr10th Phil Scarf57:1811th Jonathan Emberton58:2713th Gill R

 Short Green 3.1km
 120m

 7th Mike Thorpe
 54:14

 13th Gill Ross
 61:09

Blue 5.9km 150m		17 th Judith Goodair 67:30
6 th William Barraclough	49:38	19 th Graham Booth 72:43
17 th Emma Harrison	59:41	20 th Philip Thompson 76:09
27 th = Jackie Scarf	66:07	m9-15 Joanna Emberton 45:06
35 th John Rawden	75:36	Light Green 3.2km 110m
Green 4.7km 130m		Pat Thorpe rtd
1 st Viv Barraclough	43:03	Orange 3.1km 90m
3 rd Richard Payne	49:29	1 st Luke Barraclough 56:25
11 th Megan Harrison	56:07	2 nd William Martland 56:41
18 th David Harrison	60:21	3 rd Seth Barraclough 60:00
26 th Helen Martland	68:35	5 th Sue Brant 71:12
29 th Alistair Tinto	69:29	6 th Joy Mellor 86:11
30 th Laura Harrison	69:41	Yellow 2km 50m
32 nd Brian Mellor	70:27	1 ^{s†} Joseph Barraclough 31.32
35 th Jane Hodgson	71:23	
43 rd Rod Shaw	79:47	
45 th Fred Ross	89:24	

EBOR Level C Event, York University - 27 Dec 16

73:40

Mens Open 6.3km	
17 Adam Thorpe	59.17
M Vet 6.3km	
3 rd Andy Thorpe	48:29
4 th Jonathan Emberton	50:04
17 th David Harrison	76:27
m12-13 Alistair Tinto	85:52
MUV 3.4km	
11 th Keith Sykes	42:03
15 th Guy Goodair	45:26
20 th Mike Thorpe	55:49
21 st Fred Ross	58:31

m9 Keith Sykes

WJ 2.1km	
1 st Laura Harrison	18:18
5 th Anna Thorpe	25:26
WO 4.9km	
5 th Megan Harrison	48:33
WV 4.9km	
1 st Emma Harrison	43:39
WUV 3.4km	
6 th Gill Ross	50:25
9 th Judith Goodair	53:31
12 th Jean Lochhead	71:19

York University Photos Wendy Carlyle, AIRE



Keith Sykes





Jonathan Emberton

Alistair Tinto







Andy Thorpe

Adam Thorpe

Anna Thorpe

AIRE New Year's Day Score, Bingley St Ives - 1 Jan 17

3 Jonathan Emberton	260 pts
40= Jo Emberton	150 p†s

DVO UK Urban League, Belper - 2 Jan 17

2 (length 6.4km, climb 195m) 36 Megan Harrison 64:49 David Harrison rtd Missing nos 9-23 3 (length 4.8km, climb 160m) 27= Emma Harrison 45.17

5 (length 3.0km, climb 105m) 12 Guy Goodair 32:52 19 Jean Lochhead 39:44 21 Judith Goodair 44:24 23 Jackie Page 45:21 6 (length 2.5km, climb 90m) 9 Laura Harrison 29:23 39 Sue Levinson 55:32

AIRE Regional Event, Buck Wood - 8 Jan 17

Brown 7.8km 390m	
3 Andy Thorpe	65.33
5 Jon Emberton	68.39
Blue 6.2km 275m	
9 Davey Averill	64.15
17 Adam Thorpe	71.09
Green 4.5km 200m	
19 Brian Mellor	73.07
26 Rod Shaw	78.14

Short Green 3.8km 110m 12 Jo Emberton 66.47 78.20 17 Mike Thorpe 84.16 20 Maggie Shaw Light Green 3.3km 90m 9 Anna Thorpe 67.38 16 Pat Thorpe 153.10

NOC Robin Hood Trophy, The Dukeries - 8 Jan 17

Short Brown Length 9.0km, 85m climb		Green Length 4.8km, 40m climb	
1 Alasdair Pedley	58:31	7 Helen Pedley	49:
Blue Length 6.8km, 75m climb, 15 controls		9 Laura Harrison	52:
3 Mike Pedley	52:21	19 Julie Couch	54:
		24 Paul Jackson	55:

55:44 74 Fred Ross 74:34

49:46

52:04 54:25

Short Blue Length 5.8km, 45m climb		Short Green Length 3.8k	m, 30m climb
4 Emma Harrison	45:37	11 Gill Ross	48:15
7 Richard Payne	48:16	28 Guy Goodair	56:02
25 Ian Couch	55:21	29 Jean Lochhead	56:06
31 Megan Harrison	58:37	39 Judith Goodair	61:01
32 David Harrison	59:06	47 Jackie Page	68:59
		51 Philip Thompson	72:59
		52 Jane Payne	73:26

SYO Local Event, Whirlow Hall and Limb Valley - 14 Jan 17

Sprint 0.9km 11 controls

4 Helen Martland	11.34
5 William Martland	12.35

AIRE YHOA Night League, Bingley St Ives - 14 Jan 17

Long (length: 5.3km,	climb: 225m)	Medium (length: 3.6km,	climb: 125m)
2 Jon Emberton	50.14	4 Emma Harrison	44.04
5 Alasdair Pedley	52.43	16 John Elliott	76.03
12 Phil Scarf	61.55		
15 Davey Averill	64.03		
24 Jackie Scarf	86.45		

NATO UK Urban League, Cramlington - 15 Jan 17

Course 5 (length:	2.7km,	14 controls)
4 Guy Goodair		29.29
10 Judith Goodair		37.37

LEI EM League, Bagworth Common & Woods - 15 Jan 17

Green (length: 4.1km, climb: 95m, 15 controls) Roy Lindsell mp 74.16

BAOC Military League North, Beverley Westwood - 18 Jan 17

Light Green 4.1km		Blue 7km	
26 Guy Goodair	48:19	41 Linda Hayles	123.54
32 Sue Levinson	53:16		
33 Judith Goodair	53:54		
36 Philip Thompson	55:35		
40 Neil Croasdell	63:59		

EBOR YHOA Night League, Hazlewood Castle - 21 Jan 17

Medium 3.1km	
2 Emma Harrison	36.
3 Megan Harrison	38.

.50 38.47

EUOC Big Weekend, Edinburgh Urban - 21 Jan 17

Course 3 6.7km 75 Simon Martland 74.43

SYO Regional Event, Baslow Edge & Big Moor - 22 Jan 17

Short Green (length 3.2km, climb 80m)		Blue (length 6.1km, climb 200m)		
21 Gill Ross	49:39	2 Mike Pedley	50:41	
29 Guy Goodair	51:52	19 Emma Harrison	61:13	
33 Fred Ross	54:14	45 David Harrison	99:21	
34 Joanna Emberton	57:55			

40 Judith Goodair	62:21
41 Philip Thompson	66:17
Green (length 4.0km,	climb 130m)
21 Paul Jackson	50:08
25 Roy Lindsell	52:44
28= Laura Harrison	54:05
39 Helen Pedley	58:23

Brown (length 8.9km, climb 340m) 6 Alasdair Pedley 68:54 15 Jonathan Emberton 83:10

MDOC Sale Water Park - 28 Jan 17

Long Light Green 6.2km 20m 17 Neil Croasdell 121.33

DVO Level B event, Shining Cliff - 29 Jan 17

Short Brown (length 6.4km, climb 265m)		Green (length 3.6km, climb 140m)	
3 Alasdair Pedley	64:54	4 Laura Harrison	56:33
Blue (length 5.5km, clim)	b 220m)	11 Julie Couch	61:32
7 Mike Pedley	66:38	12 Paul Jackson	62:51
14 Emma Harrison	71:14	48 Fred Ross	93:16
		Short Green (length 3.	1km, climb 105m)
		14 Gill Ross	64:15

DEE Middle Distance, Thurstaston - 29 Jan 17

Brown 4.3km 45m Short Green 2.5km		45m	
5 Jon Emberton	30.55	15 Jo Emberton	54.45
		18 Mick Wood	60.38

YHOA URBAN LEAGUE – 2017

Details at <u>www.yhoa.org.uk</u>

Best 6 out of 11 races to score.

1	SYO	Norfolk Park & Park Hill	18-Mar	
2	AIRE	Beckett Park	25-Mar	
3	CLARO	Wetherby	28-May	UKUL08
4	EBOR	York	29-May	
5	EPOC	Dewsbury	11-Jun	
6	HALO	Hull	24-Jun	
7	HALO	Hull City	25-Jun	UKUL11
8	AIRE	Peel Park & Lister Park	08-Jul	
9	AIRE	Bradford	09-Jul	UKUL12
10	SYO	Sheffield	03-Sep	
11	EBOR	Selby	15-Oct	

YHOA SUPER LEAGUE - 2016

Congratulations to the following EPOCies who came in the top 3 in their age class: M10 - 3rd Joseph Barraclough; M12 - 3rd William Martland; M14 - 1st Adam Thorpe; M70 – 3rd Paul Jackson; M75 – 2nd Mike Thorpe; M80 – 1st Guy Goodair; W16 – 1st Laura Harrison; W18 – 1st Megan Harrison; W40 – 1st Emma Harrison; W45 – 2nd Helen Martland; W55 – 3rd Julie Couch; W65 – 2nd Gill Ross; W70 – 2nd Jean Lochhead; W75 – 1st Judith Goodair. For full results go to www.yhoa.org.uk

YHOA SUPER LEAGUE - 2017

Details at <u>www.yhoa.org.uk</u>

League Dates	2017
5 Mar 17	AIRE (C) – Ilkley and Burley Moors
19 Mar 17	SYO YHOA Middle Distance Championships (B) – Hugset, Barnsley
26 Mar 17	CLARO (C) – Guisecliff
9 Apr 17	EBOR YHOA Championships (B) – Pickering Forest
27 Aug 17	EBOR White Rose Weekend (B) – Pickering
17 Sep 17	AIRE Dales Weekend Day 2 (B) – Malham Moor
29 Oct 17	HALO (C) – Humberside
12 Nov 17	EPOC (B) – Rishworth Moor
17 Dec 17	SYO (C) – Blackamoor, Sheffield

YHOA NIGHT LEAGUE - 2016/17

For details of the 2016/17 Night League go to www.yhoa.org.uk

TRAINING RUNS

HALIFAX MONDAY FOOTPATH RUNS - 6.30pm

Everyone welcome. We tailor the runs to accommodate those who turn up and we cater for all standards!

Further details and updates from Graham Lloyd Phone: 01422 882899 or Email: <u>thellloydfamily@tiscali.co.uk</u> (note 3 l's)

WEDNESDAY WRINKLIES COUNTRY RUN & WALK

Usually at 10am but sometimes 9.30am. We move around the hills and dales keeping out of towns. The runners do about $1\frac{1}{2}$ to 2 hours while the walking group aim for around 2 to $2\frac{1}{2}$ hours, don't slouch but aren't aggressive either. The run/walk usually ends up with a pub lunch. Contact Jackie Page 01484 316170 or Roland Sansom 01484 862475. Alternatively email either Jackie or Roland to put your name on the mailing list which goes out each weekend with the following Wednesday's details.

FIXTURES – February to April 2017

A complete list of fixtures can be found on the BO website www.britishorienteering.org.uk

Date	Club/Region	Type/Area	Location
		February	
4	*)	YHOA Night League,	Sheffield
	SYO/YHOA 🚄	Bowden Housteads	
11	MDOC/NWOA	Twin Peak Day 1,	Coniston
		Torver Back Common	
12	MDOC/NWOA	Twin Peak Day 2,	Coniston
		Bleathwaite and Little Arrow Moor	
12	CLOK/NEOA	Regional Event,	Whitby
		Hutton Mulgrave and Skelder	-
12	NOC/EMOA	EM League, Harlow Wood	Mansfield
18	*)	Northern Night Championships,	Malton
	halo/yhoa 🍛	Knapton	
19	EBOR/YHOA	Regional Event, Hollicarrs	York
25	*	British Night Championships,	Newby Bridge
	LOC/NWOA 🚄	Great Tower	
26	LOC/NWOA	Northern Championships, Bigland	Ulverston

March

Miai Cit			
5	AIRE/YHOA	YHOA Superleague,	llkley
		Ilkley and Burley Moors	
12	CLOK/NEOA	Compass Sport Heat,	Stokesley
		Cringle and Cold Moors	_
18	SYO/YHOA	YHOA Urban League,	Sheffield
		Norfolk Park and Park Hill	
19	SYO/YHOA	YHOA Middle Distance Champs and	Barnsley
		Superleague, Hugset	
25	AIRE/YHOA	YHOA Urban League, Beckett Park	Leeds
25	OD/WMOA	Midlands Champs Weekend Urban	Rugby
25	CLARO/YHOA	YHOA Superleague, Guisecliff	Harrogate
26	OD/WMOA	Midland Champs, Bentley Wood	Atherstone

April			
2	HALO/YHOA	Regional Event	Humberside
9	EBOR/YHOA	YHOA Champs, Pickering Forest	Pickering
14-17	SEOA	JK Weekend	South East
23	NOC/EMOA	EMOA League, Strawberry Hill	Mansfield
30	AIRE/YHOA	Regional Event, Danefield	Otley

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).